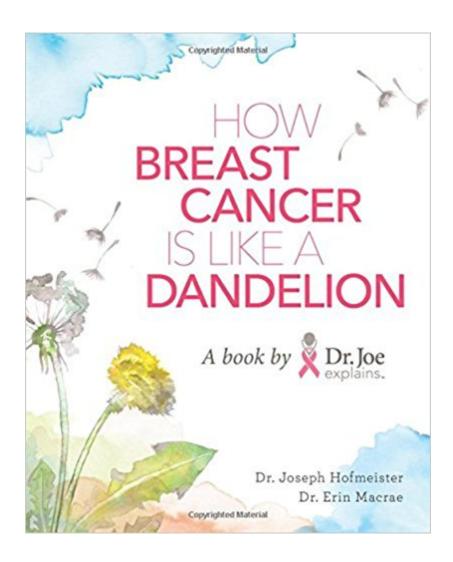


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# Dr. Joe Explains...How Breast Cancer Is Like A Dandelion





# Synopsis

Putting down into print what he's shared with his own patients for decades, board-certified oncologist and hematologist Dr. Joe Hofmeister uses simple analogies to demystify the confusing journey from mammogram to survivorship. "We saw something on your mammogram." These six words bring a flood of noise and fear. It's hard to listen to anything at this moment. The cold confusion of medical terminology doesn't help. Dr. Joe realized this, and when he started seeing first-hand the positive impact of his simple analogies with anxious and fearful patients, he knew he needed to write them down and share it with more people. Full of helpful explanations about medical terminology, procedures, and prognosesâ "including questions to ask your doctorâ "How Breast Cancer is Like a Dandelion is an important first step for any patient or caregiver in the face of this scary diagnosis. Dr. Joe's compassion and support are strong enough to help anyone who is directly or indirectly impacted by breast cancer.

## **Book Information**

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### Customer Reviews

Board Certified Oncologist and Hematologist, Dr. Joe Hofmeister focuses on treating the whole patientâ "not just their cancer. From the moment he walks into the exam room and meets a new patient, he knows his job starts with easing the concern and anxiety he sees on their faces. Dr. Joe learned that much of their fear came from a lack of knowledge and understanding about their medical condition, so he created simple, helpful ways to explain it. After seeing the positive effect on so many of his own patients, Dr. Joe set out to help every patient and family facing cancer by

creating the Dr. Joe Explains Series, starting with How Breast Cancer is Like a Dandelion, a compassionate, supportive, human guide to facing a breast cancer diagnosis. Dr. Joe received his medical degree and performed his residency at the University of Pittsburgh. He moved on to The Ohio State University for his hematology and oncology fellowship. After completion, he joined Columbus Oncology and Hematology in Columbus, Ohio, where he continues to practice oncology and hematology. Dr. Joe is married and has four children.

This is a must-have for anyone facing the challenge of cancer. My mother was diagnosed with breast cancer and I hope this book will help guide her (and the whole family) through this difficult time. It offers clear guidance on what to expect during the whole process and gave me many insights that I never would have thought of on my own. Beautifully written and organized -- it simply gave me hope by taking some of the fear out of the unknown. Highly recommended to anyone going through the battle of cancer. Thanks for this valuable resource!

This book is a wonderful resource for women who are undergoing evaluation of a breast mass/abnormal mammogram or breast cancer treatment. It is very easy to read and gives great perspective and information on what is usually a very frightening experience. I always tell my patients, "knowledge is power", and this book helps women and their support team embark on the journey from a place of understanding instead of fear. I applaud the authors for this unique approach and will plan on using this resource in my practice. Stephanie Costa, MD

This book is an incredible resource for those facing a breast cancer diagnosis. Dr. Joe explains tests, treatments and breast cancer information in a simple and easy to understand format. This information allows you to be an active participant in your care and treatment. A cancer diagnosis is scary. Information you can understand and use is a powerful tool to help you get through the process one step and one day at a time. This book is also a good resource for your caregiver and support team.

Love this book! I am recommending it to my patients who are dealing with a breast cancer diagnosis. As a physician, I sometimes struggle with explaining how I see a disease process. This book helps bridge the gap between medical providers and their patients in a way that connects the two seamlessly. It helps bring back to earth the experiences that a patient may face in dealing with her/his cancer diagnosis.

Excellent book. Dr. Joe's use of analogies to explain a difficult and complex subject matter is exceptional. Medical terms, testing procedures, diagnoses, conditions, and treatment explained in a manner that anyone can understand. This is a book that I would highly recommend for anyone that is at risk, has been diagnosed or knows of someone with breast cancer.

This a great book. it is unique and far different than other books on breast cancer. It explains step by step the work up in treatment options through analogies and the pictures and formatting are outstanding.

Bought this book for my mother in-law who was recently diagnosed with breast cancer. She was so appreciative to have something to look at when she had questions. She-thanked us for the book and said " it is hopeful and helpful."

This was such an easy read and such an informative and explanatory book about breast cancer and what to expect after a diagnosis of breast cancer! Would recommend to any woman facing such a diagnosis!

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